

# The Wave

## What is it?

The Wave is a fun activity focusing on team building and communication skills. The Wave works as a great ice breaker activity, to get participants involved and warmed up, highlighting the importance of effective communication and teamwork as a whole in order to achieve best results.

The Group is split into competing teams. They are then divided again into two or more smaller groups depending on how many individuals there are. Working with their team they will need to reconstruct a wave or rollercoaster to transport a ball down the run to either launch the furthest or complete the run in the fastest time.

Each smaller group will be given a part of the course to design and complete using available resources, including tubes of rolled paper available in two different lengths. These smaller groups must cooperate through planning and execution to give them the most effective wave possible, in order to beat the opposition. Once each team is happy with their section of the course, they then assemble all the parts together.

All systems go! This is the crunch time when it becomes clear which teams communicate well with each other. Communication is vital in this team building exercise as each group needs to work well with their connecting groups in order to construct and complete the course. The winners are crowned The Wave Champions!

## Who is it suitable for?

- Newly formed teams which would benefit from bonding
- Established teams seeking to acquire or polish new skills
- Established teams which need refreshing and revitalising
- Any business team seeking to understand more about co-operation and team work
- Any business team seeking to better cope under pressure
- All ages, genders and business backgrounds

## What are the benefits and outcomes?

- Improved communication and trust between co-operating and competing individuals
- Improved team interdependency
- More effective team working skills including co-operation, decision making, leadership and delegation
- Allows every participant to work towards a common goal
- Improved lateral and creative thinking



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## Enhancements

- Can also create a number of different designs as teambuilding activities, from bridges to hold human weight, go karts, chairs and much more.
- Works well with other warm up team building activities such as balloon chaos
- Special prizes for winners, or best supporting team members

## Timing and Logistics:

<b>Number of people</b>	10+
<b>Duration</b>	1.5 - 2 hours, including briefing, planning, production & presenting
<b>Venue / Logistics</b>	Indoors
<b>What we supply</b>	Event Manager & Instructors. Team stations with all the necessary equipment to complete the task. Pre event planning and on site management.
<b>Pricing</b>	Price on application
<b>Health and safety</b>	Risk Assessed, £10million Public & Product Liability and Professional Indemnity Insurance

